

Q1 2026 WELL-BEING CALENDAR

Start Strong with Benefits Built for Every Part of You

This quarter is all about **building a strong foundation for your well-being** — physically, mentally, financially, and emotionally. Explore your **BenefitsPlus programs**, set new goals, and join our upcoming sessions to stay informed and supported.



Q1 Well-Being Calendar Events:

BENEFITS SPOTLIGHT WEBINAR



401(k) Charles Schwab, UHC, Maven, and Bright Horizons

Wednesday, March 11, 2:00 – 3:00 PM ET

Join us for our March Wellness & Benefits Webinar, featuring presenters from Charles Schwab, UnitedHealthcare (UHC), Maven, and Bright Horizons. Each partner will share important updates on available programs and resources, along with guidance on how to make the most of your benefits. This session is a great opportunity to stay informed and get your questions answered.

[REGISTER](#)

BENEFITS WEBINAR



Getting the New Year Started

Wednesday, January 14, 2:00 – 3:00 PM ET

Representatives from UnitedHealthcare (UHC) and Charles Schwab will walk you through key aspects of your benefits for the year ahead. UHC will provide an overview of your medical coverage, while Schwab will review the features of our 401(k)-retirement plan and how to make the most of your savings options. This session is a great opportunity to understand your benefits and get your questions answered as we begin the new year.

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BenefitsPlus Resource Hub



MyUHC – Medical tools and resources



Optum Bank – Manage your HSA



Surest – Digital-first medical plan; access code: **dentsu2026**



VSP Vision Care – Eye care and provider locator



Delta Dental – Dental providers, claims, ID cards



Maven – Family-building and reproductive health support



Wellhub – Fitness, nutrition, and well-being apps



CCA@YourService – EAP support; company code: dentsu



Charles Schwab – 401(k) account management and tools

WELL-BEING WEBINAR



Introducing Our 2026 Well-Being Programs with Wellhub & Dario

Wednesday, January 7, 2:00-3:00 PM ET

Representatives from Wellhub and Dario will walk us through their platforms, highlight key benefits, explain how to enroll, and answer any questions you may have. We're excited to share these new resources and encourage everyone to attend and learn more.

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Want to be part of a community?

Learn about our various employee-led groups formed around common interests, common bonds, or similar backgrounds. Join a dentsu BRG - everyone is welcome.

[GET INVOLVED](#)


Be Healthy