# **# BenefitsPlus**

# Parent Resources

## Work/Life Assistance Program

Our Work/Life Assistance program administered by <u>CCA@YourService</u> is a voluntary, confidential, and free service. It gives you the information and support you need to help manage your daily life.

CCA offers free confidential support to provide convenient assistance on a wide range of issues, including and not limited to:

- 12 hours per week of dedicated coaching for dentsu employees. To view the coaching schedule, visit our <u>Dedicated Work/Life Coaches</u> page.
- 24/7 phone access to counselors for professional guidance managing any stress, anxiety, or anychallenges you're facing.
- Childcare resources and provider referrals for day care, before- and after-school care, education, special needs, pediatricians, summer camps, and more.
- Professional consultation to help manage legal or financial aspects of caring for your children.

To get started, call CCA at (800) 833-8707 or visit <u>www.myccaonline.com</u> (company code = dentsu).

#### Bright Horizons Care Advantage

If you need backup care for your children, you can rely on Bright Horizons. Your benefits can help with:

- Emergency Backup Care You will have access to 25 days of backup care.
- Access Nanny Placement Services Receive high-touch local support finding a vetted full-time nanny, including nannies trained to provide instructional support for children learning at home.
- **Full-Time Childcare** Enjoy wait-list priority using Bright Horizons and tuition discounts.
- Education & Homework Help Access discounted tutoring and test prep services, and help your childnavigate this school year.
- **Virtual Tutors** Use your backup care days for access to professional tutoring services, which providesyour child with 1:1 or homework help in 300+ subjects tailored to their specific needs.
- School Age Camps Use your backup care days at Bright Horizons affiliated summer camps, with instant booking available.
- **Small Group Learning** Access Sittercity's search tools to find caregivers who can manage small-grouplearning pods
- Household Responsibilities Search a free database of sitters, nannies, and housekeepers.

To get started, visit <u>https://clients.brighthorizons.com/dentsu</u> | Employer Username: **dentsu** | Password: **benefits4you**. Questions? Call **(877) 242-2737** 

## **Rethink Benefits**

Rethink provides family support when you need it, offering 24/7 access to a website filled with more than 2,000 step-by-step videos and resources to help families raising children with learning, social or behavioral challenges, or developmental disabilities. The program is provided at no cost to you.

- Easily Communicate with Your Behavior Expert Schedule virtual appointments, access notes from your dedicated behavior expert and send messages to communicate updates and ask questions.
- Save Your Favorites The online library includes thousands of step-by-step videos and downloadable, printable tools and research-based resources based on the most requested social, learning and behavioral topics.
- Search by Age and Ability Access a library of more than 2,000 lessons are searchable by topic, and ourSocial and Emotional Lessons allow you to search by age or ability, with supports for parents of young children to young adults.

To learn more, <u>register here</u> to sign up for Rethink's monthly webinar. Visit: <u>http://dentsu.rethinkbenefits.com</u> to register online and use code dentsu to enroll. You can also get started by texting **RETHINK** to **797979**.

Check out our Digital Health Brochure for more information on additional programs available for you and your family!

#### **Flexible Spending Accounts**

Save on dependent day care expenses by opening a **Dependent Care Flexible Spending Account** to use pretax funds towards qualifying dependent day care expenses. With lifted IRS restrictions for 2021 only, sign up for a Dependent Care Flexible Spending Account anytime time throughout this year, or during Annual Enrollment after 2021. Our Dependent Care Flexible Spending Accounts are administered by SmartChoice and are available to all benefit eligible employees.

To sign up, call our Benefits Plus Solutions Center at **(855) 326-7870** and visit: <u>www.dentsubenefitsplus.com</u> for more information.

#### Alight Health Pro

If you have questions or need assistance regarding your benefit coverage, medical network, or claims, our Alight HealthPro Brent Brooks can support you to allow you to focus on what matters most.

To contact Brent, email him at <u>brent.brooks@alight.com</u> or call **(855) 326-7870**. Support from your Alight Health Pro is completely free and can be accessed by anyone in your family

#### Have Additional Questions?

All benefits information can be found on our website <u>www.dentsubenefitsplus.com</u>. You may also call the BenefitsPlus Solution Center from Mon-Fri from 9AM-6PM ET at (**855**) **326-7870**. They can help you access your benefit account to enroll and/or make coverage changes and support you with plan and coverage questions. You can also checkout our <u>Digital Health Flyer</u> for additional resources.