

Resources Before and During Your Leave

Maternity Support Program

If you are covered under our medical plans, you have access to UnitedHealthcare's Maternity Support Program. This program is not intended to replace your OBGYN or regularly scheduled physician appointments, but is rather intended to enhance your support options by giving you access to:

- Dedicated maternity nurses for any questions you may have
- Pregnancy and childbirth educational materials
- A pregnancy consultation focused on wellness to screen for any health risks
- Additional support for high-risk pregnancies

If you register for the Maternity Support program in your first 16 weeks, you will receive a \$200 electronic gift card from American Express. To learn more about this program and register please call: **(800) 765-6717**.

Adding Your Newborn to Insurance

Within 30 days of your baby's birth, make sure you go to www.dentsubenefitsplus.com and log into your benefits profile and select the life event option. You can also add coverage by calling the Benefits Plus Solutions Center at: **(855) 326 -7870**.

Check out the following programs if you have medical coverage with BenefitsPlus!

Breast Pump Coverage

You are entitled to the rental or purchase of a breast pump in conjunction with your pregnancy at no cost. If more than one pump can meet your needs, the most cost-effective pump will be covered by the plan. For more details, contact UnitedHealthcare at **(800) 765-6717**.

Lactation Counseling

The medical plan covers lactation counselling. To find a provider, go to www.myuhc.com. Alternatively, for plan members in Boston, Chicago, Los Angeles, New York, and San Francisco you may access lactation counseling through One Medical. **Not registered with One Medical?** Join at www.onemedical.com/myhealth with code DNTONE.

Neonatal Resources (NRS)

The Optum Neonatal Resources Services program can help you get the education and support you need to avoid infant readmissions and post-discharge complications. NRS provides access to a specialized team of NICU nurse case managers, social workers, and medical directors who will collaborate to provide your family with clinical care and physiological services should you have a NICU infant. To contact an NRS nurse, call **(800) 765-6717**.

Resources When You are Back

Backup and Emergency Child Care Support

Whether you are planning for or adjusting to life with an infant, you can rely on Bright Horizons. Your benefits can help with:

- **Your baby's first year** – You will have access to an extra 15 days of backup care during the first 12 months of your baby's birth, totaling 35 backup days.
- **Access Nanny Placement Services** – Receive high-touch local support finding a vetted full-time nanny, including nannies trained to provide instructional support for children learning at home.
- **Full-Time childcare** – Enjoy waitlist priority using Bright Horizons and tuition discounts.
- **Household responsibilities** – Search a free database of sitters, nannies, and housekeepers.

To get started, visit <https://clients.brighthouse.com/dentsu>

Employer Username: dentsu | Password: benefits4you

Questions? Call **(877) 242-2737**

Work/Life Assistance Program

Our Work/Life Assistance program administered by CCA@YourService is a voluntary, confidential, and free service. It gives you the information and support you need to help manage your daily life.

CCA offers free, dedicated work-life coaches in order to provide convenient assistance on a wide range of issues, including and not limited to:

- 24/7 phone access to counselors for professional guidance managing any stress, anxiety, or challenge you're facing.
- Childcare resources and provider referrals for day care, before- and after-school care, education, special needs, pediatricians, summer camps, and more.
- Professional consultation to help manage legal or financial aspects of caring for your children.

To get started, call their hotline at **(800) 833-8707** or visit www.dentsubenefitsplus.com for more detail on specific work-life coach contact information and availability.

Milk Delivery for Business Travel

Milk Stork is a free breast milk delivery service for business traveling moms, providing no-fuss express shipping or easy toting of refrigerated breast milk home to baby.

- Pump according to your regular nursing schedule and refrigerate your milk.
- Pack with the activated cooling unit in your Milk Stork cooler to keep your milk cool secure.
- Shipping is easy – all shipments come pre-labeled with a FedEx Priority Overnight label. Schedule a pickup on your own or ask your hotel to help.
- Tote/Check your milk home using the Milk Stork travel bags provided.

Get more information or place your order at www.milkstork.com/Dentsu

Have additional questions?

The BenefitsPlus Solution Center is available Mon-Fri from 9AM-6PM ET. The Solution Center can help you access your benefit account to enroll and/or make coverage changes and support you with plan and coverage questions you may have. For help, www.dentsubenefitsplus.com or **(855) 326-7870**.